

Seven reviews, www.Wellness.com
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Michael H. Brown, Ed. S.,
Licensed Professional Counselor, Licensed Marriage and Family Therapist,
National Board Certified Fellow in Clinical Hypnotherapy

I have been to many therapists and counselors and doctors over the course of four decades and I have found no greater counselor for my needs than Michael Brown. His methods are diverse and varied, and while his straight-up psychotherapeutic chops are sharp, he is also familiar with esoterica, and has guided me through many challenging exercises: psychodrama, reflective writing, poetry, visualization breathing, meditation, mandala (there is homework involved, you know..). Michael Brown has guided me through the tundra of my soul, and though sometimes I don't like the lessons I have to learn, at least he is brave enough to guide me through it so that I can learn important things. Turns out I haven't been searching for a therapist so much as I had been searching for myself. Michael Brown is the one who recognized this. I trust and revere him very much. IF 12/2/18

I started seeing Michael following the sudden death of my late husband. I credit his therapy sessions for bringing me to a place where I could function again and return to work. Without his counseling sessions I wouldn't be here. Wendy 11/19/18

One of the most loved and respected persons I have had the delight to be associated with is Michael H. Brown. Michael Brown has been like a savior for me to help me (10+ yrs) through mental crises, physical crises and medical (cancer) crises. He has devoted many years serving the people of the Richmond area with his superb and unique manner of counseling and motivation.

Mr. Brown is not only extremely intelligent with outstanding credentials, (e.g. www.michaelbrown.org) but a most compassionate and understanding person. It is amazing to know he is available from 9 am to 10 pm five days a week. Through his knowledge and training as a counselor, he deals with great changes in individuals and situations and works to prevent these from re-occurring or helps resolve them when they do.

Techniques of deep relaxation, visualization and mental imagery, symbolic and mandala art are some of the many tools he utilizes to awaken the creativity and inner genius of clients who come to work with him for counsel.

When Mr. Brown is not involved in individual, couples families and/or organizational counseling, he is successful through his total devotion to providing a tasteful, useful, intense, educational and enjoyable context to very private individual counselee, in seminars and retreats. He works hard to make sure each client learns something, giving each the tools necessary to develop and grow as a person.

He is certainly a man to be respected and admired by all and deserves all praise and recognition of a man of his caliber. I would recommend his services to each and everyone I know and don't know.
Meanie 11/18/18

I highly recommend Michael Brown, LPC. I find Michael Brown to be caring, compassionate, experienced, funny, and helpful in guiding me to create long-lasting change in my life. I trust him.

He was my counselor during some life changing events. I found his style to be unique, creative, and effective, something I had not experienced with other counselors. Michael Brown helped me navigate through stuff I carried around that was no longer helpful to me. There were some rough times dealing with emotions that came forward. Michael Brown was always there with different ways to help me experience the emotions, explore what they represented, and express myself through journaling and Mandala art. It is always real with Michael Brown—let it out, say the things you don't dare, get angry, be happy, feel sad, cry, laugh, shut down, question things.

Michael Brown is dedicated to helping others, and his office provides a safe space to all who come in. Whatever it is you seek or even if you're not quite sure yet, if you're willing, Michael Brown will help you find it. Betty Nolan 11/2/18

Michael Brown is the best mental health counselor I have worked with and I've seen quite a few over the last 30 years. He is extremely understanding and helps you solve your problems through Mandala art work. I have a much better understanding of myself and my marriage is much happier thanks to him. He runs an excellent women's group that is almost as helpful as individual counseling. If you want someone who will help you solve your problems I definitely recommend him. If you want a counselor who will listen to you whine for 50 minutes he's not for you. He will make you do the hard work, but in the end it's worth it. He will get you through the tears. Betsy T. 11/1/18

I have been to about a dozen therapists and counselors in my life and Michael is one of the best I have met. I found him to be extremely empathetic and caring, but also willing to help me face hard truths when necessary to help me grow. I only had less than a dozen sessions before circumstances caused me to put my therapy on hold, but in that short time he gave me many tools to keep using. He helped me get through a rough time and is still helping me via the "toolbox" he gave me. Not every person will click with every therapist and sometimes you have to "shop" until you find someone simpatico. For me that was Michael. I will say you need to have a good sense of humor to appreciate him. I found him witty rather than sarcastic and think he has a big heart. ZEKESMOM 11/1/18

Not very easy counselor to relax with and very sarcastic almost arrogant. He seems educated but seems to mock you and even said thanks for the \$25.00. He told me he was here to help me cope while I was in hell. Didn't expect that comment. R. 2/22/17.